

Other useful information

Carers Leeds

The home of support for all unpaid carers in Leeds.

0113 380 4300

<https://www.carersleeds.org.uk>

Adult Social Care

Leeds adult social care from the official government website

0113 222 4401

<https://www.leeds.gov.uk/adult-social-care>

Housing

Leeds Housing Options from the official government website

0113 222 4412

<https://www.leeds.gov.uk/housing>

Age UK

Offers advice, support and information, helping older people get the most out of life.

0800 055 6112

<https://www.ageuk.org.uk>

Down to Earth

Guidance regarding funeral costs and practicalities after a death.

020 8983 5055

<https://quakersocialaction.org.uk/we-can-help/helping-funerals/down-earth>

Leeds Directory

Connections to local services and tradespeople as well as local events.

0113 378 4610

<https://www.leedsdirectory.org>

St Gemma's Social Work Service

Support for patients and families



For more information or to contact us:

St Gemma's Hospice: 0113 218 5500

Social Work Service: 0113 306 9167

Website: www.st-gemma.co.uk

Email: familysupportteam@st-gemma.co.uk



0113 218 5500
www.st-gemma.co.uk



St Gemma's Hospice understands that living with a palliative illness brings a range of practical and emotional issues which our social work team can support you with.

Who are we?

We are a small team of social workers who support patients and families on the in-patient unit and in the community. We work Monday-Friday during normal working hours (8.30am-5.00pm).

We are part of the wider family support team at the hospice which includes the Young People's Service and Bereavement Service.

What do we do?

We can offer a range of practical and emotional support to patients and those important to them.

Practical support includes:

- ♥ Advocacy for patients and families.
- ♥ Signposting for assistance with wills/legal matters and finances/benefits.
- ♥ Liaising with health and social care agencies applying for charitable grants and support with funeral arrangements.

We are here to listen to patient's and families feelings, worries and concerns.

Emotional support includes:

- ♥ Time-limited low level emotional support. Individuals are offered an initial assessment followed by three sessions. In some circumstances support can be extended if needed.
- ♥ We can refer to other agencies such as mental health services if appropriate.

Please be aware if a patient or family member is already receiving emotional support such as counselling or therapy we would not be able to offer emotional support at the same time.

How do we offer Support?

We are able to see you face-to-face at the Hospice for an appointment, or we can offer support via telephone or zoom. Please be mindful that as we are a small team we prioritise home visits to individuals who are most in need.

Carers' Support

Alongside 1-1 support for carers, we also facilitate a Carers' Café.

The Carers' Café provides an opportunity to share experiences with others in a similar situation. The focus of the group is peer support. The group is facilitated by the social work team. Please see our Carers' Café leaflet or visit the website for further information.

Confidentiality and Record Keeping

All personal information will be treated as confidential and only passed on when agreed by the individual or when an adult or child may be at risk. We keep personal information on a secure database and in line with the hospice record keeping policy.

