

Understanding Me



This booklet belongs to:



A note from the Hospice staff

This booklet is to help us support you if you feel too frail or weak to tell us about yourself or if you have some difficulty in communicating how you feel.

It allows you and those who know you well, to provide us with information that will help us care for you in the best possible way.

This booklet belongs to you. The following pages will offer advice on the kind of information that will help us to care for you as an individual. It is for you to choose the amount and type of information you give us.

It does not have to be completed in one go but can be added to over time. You may want to fill it in yourself or with help from others. Please ask if you would like help from Hospice staff.

My name is:

I like to be known as:

My preferred pronouns are:



I am happy for the information in this booklet to be shared with members of the multidisciplinary healthcare team who will be involved in my care.

Patient's Name:

Signature:

Or Patient Advocate

Name:

Signature:

Relationship to patient:

Date:



St. Gemma's Hospice

Always caring

This booklet has been provided to you by St Gemma's Hospice. We are a local, independent charity providing expert medical and nursing care to thousands of patients, families and carers each year.

For more information about St Gemma's Hospice, please contact:

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